



*Kia Ora, Welcome to
Hamurana Lodge Boutique Hotel*

Kia Ora,

Just a short note to personally extend our warmest regards from Hamurana Lodge Boutique Hotel. We are delighted that you have chosen to recommend us and hope that your experience here will prove to be a special one.

Should you require any assistance please do not hesitate to ask directly as we are here to help.

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On behalf of all the staff and management, we look forward to meeting you personally.

Thank you again for choosing Hamurana Lodge Boutique Hotel.

Fred Novella & Alex Sogno

A Brief History of the Lodge

In the mid 1980's local entrepreneur Gary Woods purchased 50 acres from our neighbouring deer farmer, Dr Mark Irwin. He developed the property as a grand private residence and it became known locally as 'Woodlands'. Unfortunately bad times were to descend on Mr Woods and he was forced to part with his beloved country home.

In the mid 1990's the property was purchased by a partnership of three local couples and converted into a tourist lodge. The lodge operated on and off with various managers in residence and over time ownership was transferred to just one of the original partnership couples, Brett & Vlasta Marvelly. During this time the name was changed to Hamurana Country Estate and 35 acres of land were sold back to Dr Irwin, leaving the manor sitting on 15 acres.

In September 2002 Kim & Andrew Martin purchased the Lodge at which time it was once again being used as a private residence. On take over the Martin's embarked on the mammoth task of bringing the manor back up to the standard that was expected from an international tourist bed and breakfast.

In March 2009, we purchased the lodge and started a full renovation. This lodge is part of a collection of hotels managed by our hotel asset management company based in Singapore called Global Asset Solution Ltd.

Mr. Fred Novella

Mr. Novella is originally from New Caledonia and graduated from Hamilton Waikato Tourism Polytechnic in New Zealand. He began his career with Thai Airways International as Airline Traffic Controller. This experience led him to New Caledonia, where he managed the entire Air New Zealand operation. Mr. Novella returned to New Zealand in 2000, this time to invest in a motel joint venture in Rotorua (currently managed by Global Asset Solution Ltd.). While maintaining and supervising his assets, he was appointed Hotel Operation & Residential Marketing Manager for Quest Apartment Hotel Group.

In 2004, Mr. Novella's entrepreneurial leadership led him to the opening of a Middle East airline. The Abu Dhabi based Etihad Airways went from 5 to 37 aircrafts during his time there. Mr. Novella's contributions to the airline included security and safety measures, service standards, and other onboard procedures. These roles enabled him to work very closely with many nationalities and develop his ability to work with diverse cultures. Mr. Novella's experience and skills gained led to the formation of Global Asset Solution Ltd. Hamurana Lodge Boutique Hotel management was a natural step when the opportunity came to form the hotel management in New Zealand.

Mr. Alex Sogno

Mr. Sogno, a Swiss national, began his career in New York City after graduating with honours at Ecole Hôtelière de Lausanne, Switzerland. He established a number of business ventures, initially focusing on hospitality and real estate valuation. He joined HVS International New York, and he established a new venture at the Cushman & Wakefield headquarters in Manhattan.

In 2005, Mr. Sogno began working for Kingdom Hotel Investments, founded by HRH Prince Al-Walid bin Talal, and was employed to asset manage a large portfolio of luxury, full-service hotels in 21 countries in Europe, Middle East, Africa and Asia. As Vice President of Asset Management, Mr. Sogno had diverse responsibilities including: asset management of various hotels including Four Seasons, Fairmont, Raffles, Mövenpick, and Swissotel, valuation of all KHI portfolio, assisting with the Initial Public Offering (IPO) of KHI at the London Stock Exchange and the Dubai International Financial Exchange.

In 2007, Mr. Sogno and Mr. Novella founded Global Asset Solution Ltd. Singapore, which provides expert oversight and asset management in the hospitality industry. Hamurana Lodge Boutique Hotel marked the beginning of the hotel management company within the Global Asset Solution group. Mr. Sogno has lectured frequently and published several articles on hotel real estate finance and asset management. Mr. Sogno also co-wrote the Hotel Asset Management book published by the Hospitality Asset Managers Association (HAMA), the American Hotel & Lodging Education Institute, and the University of Denver. This book is available in the library.

Le Manoir Restaurant

Welcome to one of New Zealand's first and only organic lodge restaurant. Our passion for organic food started out of all places at NYC Union Square Market in 1999 and our ethical business ideals remain the same today: we serve delicious organic food carefully sourced from our own organic garden and independent producers, while keeping our food miles super-low. In fact, 100% of our fresh produce comes from the region:

- All the ingredients we use are organic and of superb quality – from our home-baked bread to our homemade ice cream, jams and chutneys. We change our vegetables daily according to what's available – if something isn't in season, you won't find it on the menu.
- Croucher Brewing is a Rotorua based boutique brewery, creating fine handcrafted New Zealand beers full of big gorgeous flavours. Awards & accolade: Croucher Pale Ale, Rated in Top 10 beers to drink on Superbowl Sunday (Feb 2010). Croucher Pilsner, Bob Campbell MW rated Croucher Pilsner 5 Stars. Croucher Hef, NZ Consumer Magazine rated Croucher Hef #1 Wheat Beer in NZ (Dec 2009).
- New Zealand Water, across the board is renowned for its purity. Antipodes comes to the surface from a deep aquifer and is bottled at source in Whakatane in the Bay of Plenty (52 miles from the lodge). To quote the rather dry but authoritative Geohydrological Assessment of the BOPRC Technical Publication No.2, 1998: "The groundwater of the Aquifer is of very high quality. It has been recognised as the deepest, highest quality groundwater in New Zealand". And yep, you guessed it; this source is now less boringly known as Antipodes.
- At Mount Eliza Cheese, in the hills behind Katikati in the Bay of Plenty (56 miles from the lodge), we source our cheese from a small artisan creamery where they specialise in making traditional hard rinsed cheeses with the personal touch. They are handmade in small batches and cloth bound, then matured for up to a year or longer. Once the cheeses are off the press, they wrap each one in muslin bandages and then they are put away to mature for up to a year or longer. They are turned daily at first, then less often as they reach maturity. Cheese makers, Chris and Jill Whalley, have extensive experience in making quality cheese and their aim is to produce interesting, delectable cheeses with a strong local identity.
- Our 2011 green projects: plant one hundred fruit trees & berries on the estate, make our own organic honeycomb, raise organic free-range chickens and create a native garden.
- We never, ever airfreight anything.
- We are obsessed with having the lowest carbon footprint possible: we re-use and recycle wherever possible.



Sanctuary Spa Philosophy

When Sanctuary Spa opened in Rotorua's first luxury spa resort - Hamurana Lodge Boutique Hotel, New Zealand, it pioneered the Ma-uri spa concept with its Eastern therapies and holistic focus on spiritual, mental and physical harmony. As the first luxury spa in Rotorua, it reintroduced an exotic blend of ancient health and beauty practices which have been passed down from generation to generation.

The Sanctuary Spa offers guests a retreat for the senses - a place for physical, mental and spiritual renewal. To achieve this, the Spa focuses on a non-clinical and holistic approach based on traditional Eastern healing therapies. It emphasises on a 'high-touch, low-tech' approach that celebrates the human touch and the use of natural herbs and spices.

Overlooking to Lake Rotorua and surrounded by the natural beauty of New Zealand native bush, the Sanctuary Spa at Hamurana Lodge Boutique Hotel offers a relaxing and luxurious retreat for you and your family. The Spa offers an extensive menu of massages, facials and body treatments that provide the ultimate in pampering and luxury. Adjacent to the Spa for all guest use is a swimming pool. A fitness centre is also available to all guests, and includes the latest cardiovascular equipment as well as free weights and other equipments.



Sanctuary Spa Signature Treatment

Ma-uri Bodywork is a dynamic application of Movement, Touch and Rhythm. The Therapist massages with pre-heated oil (mainly with the lower arm), creating a continuous flow to cleanse, vitalize and activate inner healing properties, memories and wisdom as held within the body. Based on traditional Hawaiian Ka-huna healing, it is more than just a physical massage. Massage happens to Hawaiian, Polynesian and Maori music, offering a piece from ancient traditional healing.

60 minutes - \$180

90 minutes - \$220

Mom-To-Be Shiatsu Massage

Why not enjoy a massage when you are expecting a baby? A shiatsu session helps you to create the time and space to build an intimate and deep connection with your baby and at the same time it resets your own awareness. Shiatsu re-balances your energies and helps your body to adapt to the changing's it is going through. The treatment is adapted specifically to the mother's needs and special cushions are used to ensure absolute comfort and support.

60 minutes - \$180

90 minutes - \$220



Swedish, Relaxation Massage

The term "Swedish Massage" refers to a variety of techniques specifically designed to relax muscles by applying pressure to them against deeper muscles and bones, and rubbing in the same direction as the flow of blood returning to the heart. Swedish massage feels good, is relaxing and invigorating. It affects the nerves, muscles, glands, and circulation, while promoting health and well being.

60 minutes - \$180

90 minutes - \$220

Sport, Deep-Tissue Massage

Sports Massage is the management, manipulation and rehabilitation of soft tissues of the body including muscles, ligaments and tendons. The techniques used by practitioners have been developed to ensure effective and efficient results are gained from each massage given. Regardless of your experiences in sport or exercise whether you exercise socially or compete to an international level.

60 minutes - \$180

90 minutes - \$220

Reiki, Chakra Balancing

Reiki is an ancient form of energy balancing and stress relief retooled for the modern world. It promotes relaxation and deep healing. Reiki is practiced with the client lying fully clothed while the therapist lightly places her hands both on and above the body. A Reiki session helps ease tension and stress and supports the body to facilitate healing on all levels - physical, mental, emotional and spiritual.

60 minutes - \$180

90 minutes - \$220

Yoga, Pilates & Meditation

Rejuvenate your senses and discover the holistic benefits of Yoga and Pilates at the Sanctuary Spa Hamurana Lodge Boutique Hotel, whether indoors or outdoors we offer healing therapies derived from traditional Yoga legacies. The ancient tradition of Yoga, which means harmonic union, is both a philosophy and a science that helps in maintaining physical and mental well-being through physical movement, breathing and meditation. The dynamic form of Yoga & Pilates incorporates traditional postures and breathing techniques to help burn calories and treatments aid in reducing cellulite and improve lymphatic drainage.

60 minutes - \$90 per person

NZ ELEMENTS

Five Days Holistic Fitness Adventure

Organized by Hamurana Lodge Boutique Hotel, NZ Elements offers dedicated followers of holistic adventure and cultural discovery individually tailored week long programs, aiming for healthier, happier and more energetic lives - all via personal fitness and health training, spa and massage.

The 5 days of intensive workout, high and low impact exercises including Pilates and Yoga, daily massage and spa at Hamurana on site 'Sanctuary Spa', and amazing outdoor activities including skydiving, mountain biking, rafting and bungee, all while discovering the cultural centre of New Zealand. All this, while being pampered at the award winning 5 star, Hamurana Lodge Boutique Hotel with the ultimate goal of a healthier and happier you!

A week to rediscover your natural energy and balance... Between sunrises fresh juices and sunset runs on the beach explore and expand your physical and mental potential through an individually tailored program of:








- energizing workouts,
- Outdoor activities,
- Adrenaline rising adventures,
- Cultural discoveries,
- Ma-uri massages and spa treatments,
- Meditation, deep relaxation
- And gourmet healthy cuisine.

The Holistic Adventure gives new tone and energy to city-stressed bodies and souls by dedicated and internationally trained and recognised instructors. The 5 night, 5 day packages include all meals, energizing workouts, massages and spa treatments following the Ma-uri spa concept with Eastern therapies, cultural discovery within Rotorua and guided meditation and deep relaxation.

For more information on Hamurana Holistic Fitness Adventure or NZ Elements please do not hesitate to ask us directly or visit on www.nzelements.co.nz.



NZ ELEMENTS

	Sunday	Monday <i>Springs/Rivers</i>	Tuesday <i>Woods/Mountain</i>	Wednesday <i>Beach/Ocean</i>	Thursday <i>Adrenaline</i>	Friday <i>Optional: Sky</i>
7:00 AM						
8:00 AM	Arrive at Hamurana Lodge	Bootcamp	Breakfast	Breakfast	Kickboxing	Sleep In
9:00 AM	Introduction	Breakfast	Breakfast	Breakfast	Breakfast	Pilates/Yoga
10:00 AM	Fitness Assessment	Rafting	Mountain Biking	Mt Maunganui Walk	Biking	Round-up time
11:00 AM	Diner at the Lodge					Brunch
12:00 PM	>Welcome	Lunch	Lunch in town	Fun Lunch	Lake Cruise	Check out
1:00 PM	Massages	Massage	Hot Pool		Hot bath	Use Lodge Facilities
2:00 PM		Social Time*	Social Time*	Reiki	Stretching	
3:00 PM	Diner at the Lodge		Maori Evening	rest	Healthy with Chef Neil	
4:00 PM	Social Time*	Meditation	Evening	Diner at the Lodge	Outdoor Campfire	
5:00 PM				Meditation		
6:00 PM						
7:00 PM						
8:00 PM						
9:00 PM						

* This time can be used for rest, extra activities or additional spa treatments as well
 Sample itinerary, each NZ Elements weeks are tailor made program which will differ from the above schedule

Facilities Overview

Free Wireless Internet Access

For those travelling with a laptop or i-phone we have wireless internet access so simply turn on your device and give it a minute or two to find the network. We can also provide you, subject to availability, with our lodge laptop for your convenience.

Le Manoir Restaurant

We are offering our guests New Zealand Cuisine specially developed for the lodge by our resident Chef. We either have a la carte options or special day menu complimented by a great range of well known and Boutique Vineyards New Zealand wines. Open from Tuesday to Saturday on booking.

Woodland Lounge/Bar

The lounge/bar is located on the ground floor and is a popular place to meet for a pre dinner drink and a chat or perhaps a game of billiards. We are always on hand to serve you so please ring the bell for service.

Swimming Pool

The swimming pool is located at the north end of the house, between the house and the tennis court. Entry into the pool is through the gate to the right of the house. Note that the gate has a child safety latch on the top left hand side that you need to pull up to gain access. For your own safety please take care and do not run around or jump into the pool. Children must be supervised by an adult at all times. Pool towels can be found with your hosts.

Fitness Studio

The spacious fitness studio is located on the ground floor featuring its own private terrace. The studio offers a wide variety of cardiovascular equipments, weight machine, stretching areas and a comprehensive selection of free-weights. Situated next to the fitness studio is the Zen studio, offering a range of fitness classes and relaxation classes that includes yoga and Pilates on demand. Massages and treatments are also done in house with our therapists – please enquire from your hosts. Additional amenities: Sky TV Televisions are available; bicycles can be rented.

Tennis and Pétanque Courts

The tennis court is located adjacent to the swimming pool. It offers one tennis court available for complimentary use by guests; racquets and balls are provided. The pétanque court and Pastis are just around the corner for a sunny afternoon.

Meeting and Conference

A total of 133 m² (1380 sqft) of meeting space offers exclusive boutique conference retreat. Incredible 15-acre Park is perfect for team building activities, initiative games and problem solving exercises.

Transportation

Rental cars and limousine service can be arranged.

Fun for kids

We have a Wii, Kids TV channels in our meeting room, and do not hesitate to ask for board games as well. Our animal friends – Merlin, Willow, Eliah, the donkeys; Babi & Guling the Kune Kune pigs; Billy the goat; and Sonny, the dog – are always ready to play with our guests.

General Information

Check Out

To enable our housekeepers to perform their duties, latest check out from your room is 11 am. If you require a later check out, please contact your hosts.

Coffee & Tea Making

All rooms have coffee Nespresso machines and tea making facilities. Should you prefer fresh milk rather than the long life milk please contact your hosts.

Dietary Requirements

Should you have any special dietary requirements, please be sure to advise us in advance so that we can ensure that you are well catered for.

Gardens and Park

The Lodge is sitting on 15 acres of land. A good portion is planted with established gardens with the remainder in paddocks with various stock grazing. As you explore the property you will be able to see cows, deer and sheep from the surrounding farm.

Hair Dryers

There is a hairdryer in every room. Please take care when using a hair dryer in the bathroom.

Iron & Ironing Board

We have irons and ironing boards available for guest use. Please contact your hosts to arrange for them to be delivered to your room.

Laundry

We provide a laundry service for wash, dry and fold, and dry-cleaning. Bag(s) and laundry count form are available in the guestroom's wardrobe. Please inform us as early as possible for the collection.

Library

We have a small selection of books and magazines in the library lounge downstairs next to the bar area. Please enjoy these during your stay.

Lift / Elevator

Our lift is available for guests and their luggage. It is slow but it does save the legs! Please be aware that both the internal and external doors must be shut for it to operate. Once you have finished using the lift please ensure that the doors are shut so that if someone calls it from another floor it will operate. If you are at all unsure please ask for assistance. Kids without adult supervision are not allowed in or near the lift / elevator.

Safe Deposit Box

A safe deposit box is available in your room should you require safe storage of documents or personal effects.

Smoking

We are a non smoking property. Smoking is an outdoor activity with ashtrays provided on the balcony, outside bar, front door and reception.